



STUDENT HEALTH

STUDENT HEALTH

Optimum good health is the goal for each student. If your child is sick enough to need cough, cold or flu medicine, has a fever, or develops a rash, he/she and fellow students are best served by the ill student being kept at home. If your child vomits or has a fever, it is necessary that they remain home for 24 hours fever free and 24 hours after the last vomiting event. If your child is absent from school for any reason other than an appointment with documentation, your child should remain home. They will not be allowed to come to school late to participate in fun activities or after school events.

We have the right to determine to send a student home if he/she is ill.

EMERGENCY INFORMATION is kept on file for each student. Parents are notified in the event of illness or injury. Please inform the school immediately about any special medical problems.

If a child is to be kept home on a school day because of illness, parents are asked to notify the school office by calling (296-6230) or emailing the school secretary (emails on page 5) before 8:30 a.m. An answering machine will be available before and after school hours in order for parents to leave a message for office personnel.

MEDICATIONS

It is the policy of St. John School that all students' medication be administered outside of school hours. However, if a student is required to take oral medication during school hours, it will be administered only under the following guidelines:

1. No medications, prescribed or over-the-counter, (ie. cough drops, aspirin, ibuprofen, etc.) will be administered without a written, signed and dated request from the physician and signed by a parent. Medication Request Forms are available in the office.
2. Medication must be in a prescription container, properly labeled, including the student's name, physician's name and directions for administration. Over the counter medication must be in its original container. Rather than sending medication, such as antibiotics, back and forth to school each day, please keep an appropriate amount of medicine at home and send the original container to be kept at school.
3. No medication of any kind may be kept in the classroom or by the student.

NOTE: The school reserves the right to refuse to administer medication if the guidelines are not followed. In addition, the school does not assume responsibility for reactions to medications brought to school. If students may be susceptible to the side effects of any medication, it is the parents' responsibility to communicate that information to the school in writing.

A physician's note is necessary in order to exempt a student from Physical Education class due to illness or injury.

PHYSICAL EXAMS AND IMMUNIZATIONS

As stated in the State of Nebraska law 79.444, "The school board or board of education shall require evidence of a physical examination by a qualified physician within six months prior to the entrance of a child into the beginner grade and the seventh grade, or in the case of a transfer from out of state to any other grade of the local school, except that no such physical examination shall be required of any child whose parent or guardian shall object hereto in writing. The cost of such physical examination shall be borne by the parent or guardian of each child who is examined."

The school system will accept a copy of a physical done within the last six months including sports and Head Start physicals. The diocesan physical form may be picked up at school.

EACH STUDENT MUST HAVE PROOF OF A PHYSICAL EXAMINATION BY A QUALIFIED PHYSICIAN, OR A SIGNED WAIVER THAT A PHYSICAL IS OBJECTED TO, ON FILE BY NOVEMBER 1 OR HE/SHE WILL NOT BE ALLOWED TO ATTEND SCHOOL AFTER THAT DATE UNTIL COMPLIANCE OF THE LAW IS MET.

All students must furnish proof of adequate immunization by the first day of school. STUDENTS WHO DO NOT HAVE UP-TO-DATE IMMUNIZATION INFORMATION ON FILE IN THE SCHOOL OFFICE by the first day of school will NOT be allowed to attend school. Both parent and physician must sign the immunization record.

All students participating in sports (volleyball and basketball) MUST have a sports physical on file in the office on or before the first day of practice. The physical must be less than six months old.

CONCUSSION-AWARENESS LEGISLATION THAT BECOMES OPERATIVE JULY 1, 2012

During its 2011 regular session, the Nebraska Legislature passed (overwhelmingly), and Governor Heineman subsequently approved, Legislative Bill 160 - The Nebraska Concussion Awareness Act (CCA), now sections 71-9101 through 71-9106 of the Nebraska statutes. This law is intended as a safety measure: to focus greater attention, understanding and responsiveness on one of the most common injuries experienced by children and adolescents who participate in athletic activities; and to minimize the risk of catastrophic injury or death that might occur from a concussion that is not properly evaluated and managed.

Once a student-athlete/youth-athlete has been removed from an athletic activity (practice or game) due to a reasonable suspicion that he or she sustained a concussion or brain injury, and further responsive action has been taken to the extent necessary and appropriate under the circumstances (e.g., transportation to a medical facility), most of the responsibility for treatment and care of the student/athlete-youth/athlete shifts to the parents and health-care professionals. Nevertheless, the coaches and the school or sponsoring organization will have a continuing duty to not allow the student-athlete/youth-athlete to participate in any supervised, team athletic activities involving physical exertion unless and until two written and signed documents are submitted: (1) a return-to-play/participation medical clearance signed by a licensed health care professional and (2) written permission signed by the student athlete's/youth-athlete's parent(s) or guardian. The return-to-play/participation conditions will be fulfilled only when the school or sponsoring organization has received these documents.

CHILD ABUSE AND/OR NEGLECT

The Code of Nebraska requires all school employees to report suspected child abuse or willful neglect. Reporting may be both oral (402) 296-3257 and in writing (within 48 hours) to the Child Abuse Center of the Cass County Social Services. If there is a reason to believe that immediate protection for the child is advisable, an oral report shall be made to an appropriate law enforcement agency.